

CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, AUGUST 25, 2017

9:00 a.m.

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 25th day of August 2017 in the conference room at 122 E. Eufaula Street by Chairman Rod Cleveland. Roll was called by Linda Atkins, Deputy County Clerk/Secretary:

Those present were: Rod Cleveland, Jacob McHughes, Alison Vinson, Bryan Jenkins, Leann Clements and Christina Newburg.

George Mauldin was absent at roll call but entered the meeting shortly thereafter and a quorum was achieved.

Those absent were: Tammy Belinson, Doug Warr, John Roberts, Carrie Welles, Bryant Rains, Brian Wint and Brenda Hill.

Ex-officio members present: Linda Atkins; Aley Cristelli; Meredith Rowland, NP; Jennifer Slawson; Shannon Largent; and Brittany Marshall.

(The committee took action later in the meeting to approve the minutes of the regular meeting of July 28, 2017. See page two.)

A. Items of Business:

1. Alison Vinson discussed the **Employee Health Fair** on September 27, 2017. She said they have twelve vendors signed up and will get some corporate sponsors to take care of the any overhead.
2. Alison Vinson updated on the **Health and Wellness Screenings**. She said the first screening will start next week on August 31, 2017 for District #1 and District #3.
3. Following much discussion and review of **TSET policy/procedures book**, Aley Cristelli recommended doing what the City of Norman is doing.
4. During discussions on the **County Wellness Gym Facility**, George Mauldin updated that the work is nearing completion within two weeks. He said that Todd Gibson told him that the door, all the walls are in and is starting on the plumbing.

Chairman Cleveland said that will increase the morning usage of the gym facility.

George Mauldin said the shower and rest rooms are pretty small but they are going to put lockers on the outside. It is small but adequate.

Overview Report for July 2017:

- Current registered users: 372
- Busiest day: 17
- Total number of users for July: 201
- Reported Injuries: 0

5. George Mauldin, Emergency Management Director, updated on **Wellness Committee** issues. He is going to all the different offices for a presentation on Opioid Risks since it is a huge problem. He finds the presentation well received and a timely topic. He speaks for at least fifteen minutes and takes question. Since 2008 more people have died due to opioid abuse than car crashes. He said that by the time this meeting adjourns two people will have died from an overdose.
6. Meredith Rowland, NP updated on the **Employee Health Clinic** by saying they are looking forward to the Health Fair.
7. Jacob McHughes discussed plans for an employee excursion to **Riversport Adventures** in Oklahoma City, 800 Riversport Drive, OKC. He said that after checking on an activity day at Riversport, the company offered the county a price reduction per person from \$50.00 to \$35.00. He will work on getting a list together of those interested in going and once done they will select a date.

After the reading of the minutes of the Regular meeting of **July 28, 2017** and there being no additions or corrections, Rod Cleveland moved, seconded by Jacob McHughes, that the minutes be approved.

The ayes have it and the motion is carried.

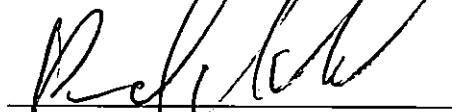
B. There was no new business to come before the Board.

C. Wellness Committee Members discussion regarding **Business** concerned having an employee garden. Chairman Cleveland said that there is plenty of room at the jail. He is talking with a Company that will provide the seeds, plan it and come in to train on preparations for the vegetables. He said that this will go before the Board of Cleveland County Commissioners as well.

D. There being no further business, the meeting was **adjourned** by general consent at 9:30 A.M.

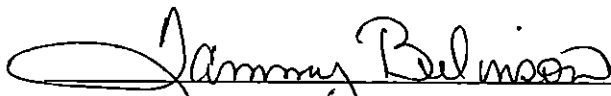
(Clerk's Note: Agenda was posted on August 23, 2017 @ 8:11 AM)

Cleveland County Wellness Committee
CLEVELAND COUNTY, OKLAHOMA



Rod Cleveland, Chairman

ATTEST:



Tammy Belinson, County Clerk and Secretary to the Board

Minutes Prepared by:



Deputy County Clerk

